

Safety Protocol for COVID-19 responders residing in self-contained facilities

COVID-19 responders residing in the self-contained facilities shall strictly adhere to the following safety measures:

- Use Druk Trace QR Code
- Wear a face mask at all times
- Wash hands with soap and water frequently or use alcohol-based hand sanitizer
- Maintain physical distance (at least 1 meter) during meals, tea/coffee, while on duty and during meetings.
- Practice cough etiquette (cover mouth while sneezing & coughing or flexed elbow)
- Avoid touching face, mouth, nose, and eyes with unwashed hands
- Refrain from bringing in family or friends to the containment facilities.
- Avoid congregation at the entrance or exit,
- Refrain from mixing with the other COVID-19 responder cohort.
- Do not gather or socialize in the facility or room
- Refrain from drinking alcohol and smoking,
- The cooks/caterers to maintain hygiene while cooking, serving food etc.
- Encourage the cook/caterers to serve food and discourage self-serving,
- Do not eat food from same plate and mug,
- Assign an individual to clean most frequently touched surfaces such as door knobs, arm chairs, tables, bed frames etc. twice a day.
- Clean bathroom and toilet surfaces at least once daily using usual disinfectants
- Disinfect or wash face shield after every use.
- Dispose of the used gloves, faced masks and other wastes properly into a waste bin.
- Self-monitor your health and immediately self-isolated if you develop signs and symptoms such as fever, cough, shortness of breath, loss of smell etc. and at the same time report to the National Surveillance Team @77441220/77441163) or call 2121.

Developed by: Rixin/Ugyen	Reviewed by: TAG	Approved by: Minister, MoH
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