



**health**

Department:  
Health  
REPUBLIC OF SOUTH AFRICA



# **COVID-19 Disease: Infection Prevention and Control Guidelines**

**Version 2 (21<sup>st</sup> May 2020)**

## Foreword

The World Health Organization (WHO) declared Covid-19 a global pandemic on 11<sup>th</sup> March 2020. The first case was diagnosed in South Africa on 5<sup>th</sup> March 2020. South Africa faces a particular challenge given the large vulnerable immunocompromised population living in overcrowded conditions.

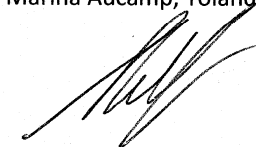
This guideline provides guidance regarding infection prevention and control in health care facilities with specific reference to Covid-19. It should be read in conjunction with the National Infection Prevention and Control Strategic Framework and the Practical Manual for the Implementation of the National Infection Prevention and Control Strategic Framework both of which were released during March 2020.

These guidelines will change as knowledge regarding strategies to address COVID-19 develop globally and in South Africa. Version 1 of the guidelines were published on 8<sup>th</sup> March 2020. Version 2 is published with amendments that include:

- Recommendations for handling of clinical notes have been added.
- It is now recommended that all clinical staff wear surgical masks and increase hand hygiene when consulting or examining all patients, irrespective of whether or not the patient is known or suspected to have COVID-19, or has respiratory symptoms.
- Principles for personal protective equipment (PPE) use have been updated in line with the universal masking policy.
- Guidance on the use of PPE during labour and breastfeeding has been added.
- Bodies with expected leakage should be transferred in a body bag from a ward to the mortuary.
- The table on dilution of chlorine has been updated.
- A section on healthcare risk waste and sewerage has been added.
- Recommendation that body spraying of humans with chemicals or other products before entering a health facility be avoided.
- Recommendations for use of PPE by emergency medical services have been updated and expanded.

These guidelines will continue to be updated regularly based on emerging evidence and WHO recommendations.

The Department would like to thank Prof Shaheen Mehtar who drafted the guideline on behalf of the Infection Prevention and Control Technical Working Group (Angela Dramowski, Briette Du Toit, Ronel Steinhobel, Marina Aucamp, Yolanda van Zyl and Marc Mendelson).



**Dr T Pillay**  
**Acting Director-General: Health**

Date: 21/05/2020

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## 1. Introduction

The World Health Organization (WHO) declared COVID-19 a global pandemic on 11<sup>th</sup> March 2020. SARS CoV-2 (a novel coronavirus) originated in Wuhan, China where the first cases were reported in late December 2019, and spread rapidly across the globe. The first case was diagnosed in South Africa on 5<sup>th</sup> March 2020 and by 27<sup>th</sup> March, more than 1000 people had tested positive for SARS-CoV-2. The rapidity of spread across the globe, has demonstrated unprecedented transmission, albeit of a mild disease in 80% of those who have tested positive for the virus. South Africa has a unique challenge of a large vulnerable immunocompromised population living in overcrowded conditions.

The Ministerial Advisory Committee on Coronavirus Disease 2019 (MAC-COVID 19) was formally established on the 25<sup>th</sup> March, with its first Clinical Committee meeting on the 26<sup>th</sup> March 2020. The Infection Prevention and Control (IPC) subgroup was charged with advising the Department of Health regarding evidence-based guidance towards the reduction and prevention of transmission in both patients and staff at community and healthcare facility level. These guidelines are aimed at health care facilities.

## 2. Strategic Framework

- The National Infection Prevention and Control Strategic Framework, March 2020
- Practical Manual for the Implementation of the National IPC Strategic Framework, March 2020
- WHO recommendations for COVID-19 (2020a). Deliberations of the COVID 19 Expert Committee will be used to update these guidelines.

## 3. Characteristics of SARS CoV-2

SARS-CoV-2, a novel coronavirus, likely originating from a bat, with undefined intermediate animal host, has recently been discovered in humans. Person to person transmission is rapid causing large community outbreaks across the globe. The virus infects and colonises the human nasopharynx and upper respiratory tract, later affecting the lower respiratory tract leading to pneumonia, respiratory failure and sometimes death (variable case fatality rates reported 1-5%). It is an enveloped virus which makes it fragile and vulnerable to heat, chemicals and ultraviolet sunlight.

### 3.1. Routes of Transmission

There are only two known routes of transmission (WHO recommendations<sup>1</sup>)

- Via **respiratory droplets** produced via sneezing, coughing which is directly inhaled person to person
- Via respiratory droplets landing on environmental surfaces surrounding the infected person (also known as the **patient zone** and the **health zone**)<sup>2</sup> which are then transferred by the contact route via contaminated hands to a person's face and mucous membranes.

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<sup>1</sup> Rational Use of personal protective equipment (PPE) for coronavirus disease (COVID-19) WHO, interim guidance, 19<sup>th</sup> March, 2020

<sup>2</sup> National Department of Health. National Practical Manual for the Implementation of the National IPC Strategic Framework, March 2020, p 23. Available from: (<http://www.health.gov.za/index.php/antimicrobial-resistance/category/629-infection-prevention-and-control-documents>)

No airborne transmission has been recorded except during aerosol generating procedures (AGP) in close proximity.<sup>3</sup> In an analysis of 75,465 COVID-19 cases in China, airborne transmission was not reported.<sup>4</sup>

When aerosols are generated during coughing and sneezing, the larger size droplets fall on surfaces surrounding the source person depending on the mass of the droplets (Fig 1). Airborne transmission requires air currents for movement of lighter particles such as *Mycobacterium tuberculosis*, measles and chickenpox. This has not been found in COVID-19 transmission yet.

**This is crucial information for applying the correct IPC procedures and ensuring safety of you and your patients.**

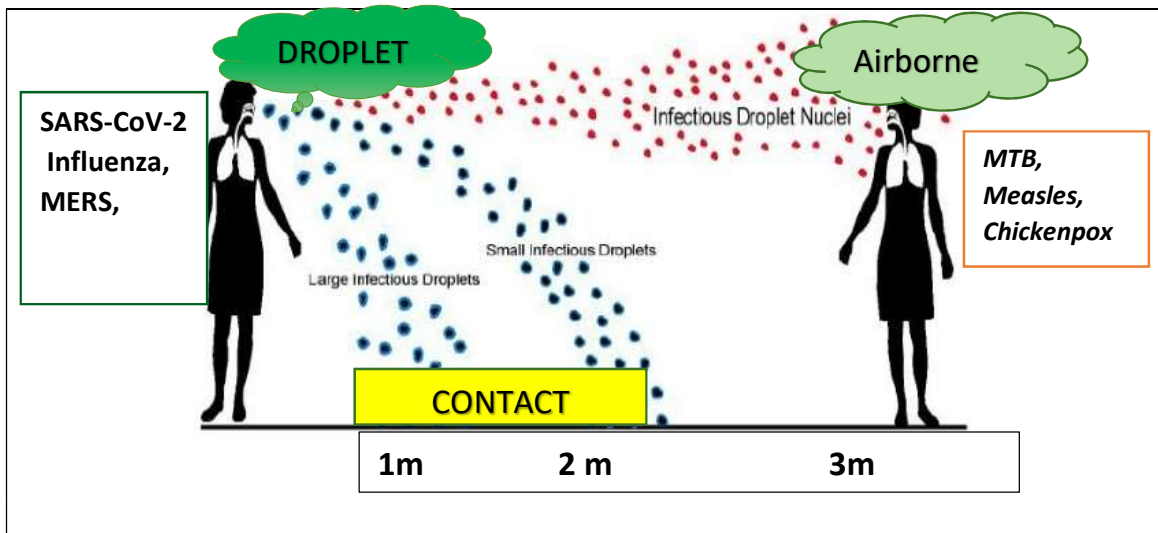


Figure 1: Illustrating the difference between the distance travelled between droplet and airborne after aerosol generation through coughing or sneezing

#### 4. Administrative controls: IPC Precautions for COVID-19 containment in health care facilities

The hierarchy of IPC measures are outlined here and should be read in conjunction with the National Practice IPC Manual for the Implementation of the National IPC Strategic Framework (2020).

##### 4.1. Roles and responsibilities of managers and staff

Containment and management of suspected and confirmed COVID-19 patients within health facilities depends on all staff members and patients understanding and adhering to the relevant policies and procedures.

###### 4.1.1. All staff

- Frequent hand washing and use of alcohol-based hand rub (ABHR)
- Correct cough etiquette and respiratory hygiene

<sup>3</sup> WHO Coronavirus disease 2019 (COVID-19) Situation Report – 66; 26<sup>th</sup> March 2020

<sup>4</sup> <https://www.who.int/news-room/commentaries/detail/modes-of-transmission-of-virus-causing-covid-19-implications-for-ipc-precaution-recommendations>

- Social distancing. Keep a distance of up to 1.5 to 2 m when in contact with other people
- Do not touch your face unless your hands are clean
- Personal Protective Equipment (PPE) should be procedure based
- Always perform hand hygiene before and after touching the notes (persistence on cardboard and paper has been reported)
- Do not write in the clinical notes while wearing gloves
- Cover the clinical notes with a plastic folder which can be easily cleaned and disinfected with alcohol
- Never spray gloves with alcohol

#### 4.1.2. Laboratory staff

- Take the correct required samples and send to the laboratory for processing
- Ensure nasopharyngeal and other samples are processed and reported timeously
- Ensure that the necessary precautions are taken during specimen collection and handling.

#### 4.1.3. Clinical staff

- Implement effective management of patients (triage, isolation, treat promptly, discharge)
- Follow IPC protocols meticulously
- Use IPC equipment as indicated, to avoid unnecessary wastage

#### 4.1.4. Facility IPC team

- Train HCWs on evidence-based IPC measures and the appropriate use of PPE
- Conduct IPC ward rounds regularly to ensure compliance.
- Carry out frequent audits on IPC practice and availability of supplies
- Report all IPC matters to the Infection Control Committee and other relevant groups
- Support clinical teams in implementing IPC practices
- Ensure proper cleaning of equipment and the environment
- Monitor compliance to hand hygiene
- Ensure that appropriate signage for COVID-19 is in place

#### 4.1.5. Occupational health

- Evaluate HCWs at risk for COVID-19
- Monitor and report occupationally acquired SARS-CoV-2
- Follow-up and monitor contacts of COVID-19 patients

#### 4.1.6 Visitors

- Ideally, no visitors should be allowed to visit patients who have been admitted (see IPC controls below).
- Exceptions include the caregiver of an admitted child, and close family members of patients who are extremely ill. Any visitors should wear a surgical mask and be instructed on hand and cough hygiene, as well as social distancing.

## 5. Environmental Controls for IPC measures in COVID-19

### 5.1 Patient Placement

Confirmed or suspected patients with COVID-19 not requiring ICU care should be accommodated either in a single room or in cohort isolation.

#### 5.1.1 Single room

- Single occupancy room with en suite toilet facilities
- Natural ventilation of 60l/sec per patient or 6 air changes per hour (ACH)

#### 5.1.2 Cohort isolation

- Bed distance must be 2m from the foot of one bed to the foot of the opposite bed so that the head of each bed is further than 2 m.
- A distance of at least 2.5m between the centre of one bed to the centre of the next bed or 1.5m from edge of one bed to the next.
- Shared toilet facilities must be cleaned regularly (2- 4 hourly).

### 5.2 Intensive Care

- Bed spacing- 3m or more to allow ease of movement of staff and equipment
- Good ventilation- 160L/sec/patient or 12 air changes per hour (ACH)
- Closed suctioning: use fresh sterile water each time to clean the suction catheter.
- Open suctioning - NOT RECOMMENDED
- Dedicated ventilator equipment with single patient use circuit
- Bacterial/viral filter on expiratory limb of ventilator equipment
- Dedicated patient care equipment
- Perform hand hygiene and change gloves after each patient contact
- Do not touch face, front of apron, mask, goggles or face shield during a clinical ward round
- Keep patient charts far from the patient's bed (outside the room, if possible)
- Always carry out hand hygiene before and after touching the notes (persistence on cardboard and paper reported)

### 5.3 The built environment

Water, sanitation and hygiene have a major role to play in IPC particularly in remote health facilities and clinics.<sup>5</sup> Environmental Health practitioners should be consulted regarding these issues.

#### 5.3.1 Ventilation

##### 5.3.1.1 Hospital accommodation

- Where possible, natural ventilation is preferred giving air exchange of 60L/sec /patient.
- Mechanical ventilation, this must be checked by the engineers and records kept of airflow and air changes per hour (ACH which should be a minimum of 6 ACH.

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<sup>5</sup> National Practical Manual for the Implementation of the National Strategic Framework, March 2020, p 129. Available from: (<http://www.health.gov.za/index.php/antimicrobial-resistance/category/629-infection-prevention-and-control-documents>)

- IPC team to check airflow using a smoke test

### 5.3.1.2 Operating Theatres

Should a COVID-19 patient need surgery, the operating theatre ventilation must be checked for ACH and airflow. It is not necessary to convert the operating theatre into negative ventilation as long as there is sufficient air volume (160L/sec) changes (up to 24 ACH) to keep a high dilution factor particularly when carrying out AGP.

### 5.3.1.3 Maternity-labour ward

- The delivery suites should have good bed spacing and ventilation.
- Operating rooms should be similar to conventional operating theatre environment

## 6. IPC Controls for COVID-19 containment

Only the most salient features of IPC are described here. Please follow the IPC guidance in the National Practice IPC Manual for the Implementation of the National Strategic Framework (2020).

**IPC Precautions: In addition to Standard Precautions, Droplet and Contact Precautions are recommended.<sup>3</sup> For aerosol generating procedures, airborne precautions (including use of an N95 respirator for the HCW performing the procedure) should be instituted. Limit the number of people involve in the procedure.**

### 6.1 Standard Precautions<sup>6</sup>

**Standard precautions are aimed at reducing the risk of transmission of microorganisms from recognized and unrecognized sources.**

Patients and staff may serve as reservoirs for microorganisms, even if only colonised and not exhibiting any signs of infection. Standard Precautions are the basic level of infection prevention measures which apply to relevant health care delivered to all patients.

### 6.2 Transmission-based Precautions for COVID-19<sup>7</sup>

The type of transmission-based precautions depends on the route of transmission. Table 1 summarises precautions for COVID-19 which are droplet and contact precautions.

Type	Recommendations	Alternatives
Patient placement	See Sections 5.1 and 5.2	Shared toilet facilities to be cleaned regularly (2- 4 hr)
Hand Hygiene	Before and after each patient contact (5 Moments of Hand Hygiene) Before wearing PPE After removing PPE	Use ABHR between patients if hands not visibly soiled

<sup>6</sup> National Practical Manual for the Implementation of the National IPC Strategic Framework, March 2020, p 13. Available form: (<http://www.health.gov.za/index.php/antimicrobial-resistance/category/629-infection-prevention-and-control-documents>)

<sup>7</sup> National Practical Manual for the Implementation of National Strategic Framework, March 2020; p 115. Available form: (<http://www.health.gov.za/index.php/antimicrobial-resistance/category/629-infection-prevention-and-control-documents>)



Type	Recommendations	Alternatives
PPE - for contact and droplet precautions <sup>8</sup> Gloves non-sterile, surgical mask, apron (or gown), goggles or face shield, N95 respirator (when performing aerosol generating procedures)		
Environmental cleaning	Frequent cleaning 2- 3 times/ day. Water, detergent. Wipe over with disinfectant such as 1:1000 ppm available chlorine or 70% alcohol	Use universal wipes which is a combination of detergent and disinfectant.
Terminal cleaning	Remove all linen, healthcare waste and medical equipment and send for disinfection or discard. Clean with water and detergent. Wipe with disinfectant such as 1:1000 ppm available chlorine or 70% alcohol	Use universal wipes which is a combination of detergent and disinfectant
Patient care equipment	Dedicated equipment. Disposable where possible Shared equipment to be heat or chemical disinfected after cleaning.	None
Linen	Change linen regularly. Send to laundry marked as infectious Temp 65- 70° C cycle	Disposable linen not recommended
Healthcare waste	Healthcare risk waste (HCRW) for secretions (infectious) Dispose of in a single-use box bagged with a red liner, labelled as "Infectious waste" PPE for handlers (see appendix B)	
Catering	Wash in automated dish washer. No additional precautions required Disposable cutlery and crockery not recommended	Wash in hot water and allow to dry.
Patient transportation	Patient to wear surgical mask during transfer Advise EMS patient has COVID-19 Transfer as a single case	Guidance for EMS and others when transporting patient
Visitors	Ideally <u>no visitors are allowed.</u>	Mother of admitted child or close family members of extremely sick patients should be allowed in with a surgical mask. They should be instructed on hand hygiene and social distancing
Duration of isolation	Patient should remain in COVID-19 isolation area until discharge; Once discharged, patient to self-isolate for 14 days after first symptoms began (mild diseases) and for 14 days after clinical stabilisation (off oxygen, for moderate to severe disease.)	In some countries, resolution of symptoms plus two negative RT-PCR tests for SARS-CoV-2 is required for de-isolation. Given the shortage of test kits, South Africa has adopted clinical criteria for disease resolution and de-isolation.

Table 1: Contact and Droplet precautions for COVID-19 patients

### 6.3 Aerosol generating procedures (AGP)

An aerosol generating procedure (AGP) is where a large number of droplets are generated during a procedure, usually relating to the mouth and respiratory tract. Currently there is no evidence that

<sup>8</sup> Circular H25/20: Guidelines for PPE use during the coronavirus disease 2019 (covid-19) Western Cape Government: Health 25 March 2020

other procedures where aerosols are generated such as orthopaedics, carry a risk of transmission SARS-CoV-2.

During AGP, an N95 respirator should be worn with a gown and/ or plastic apron, **single** pair of non-sterile gloves and eye protection, either goggles or a face shield.

**In high risk areas where AGPs are being conducted (e.g. ICU)**

- Intubation, extubation and related procedures such as manual ventilation and open suctioning
- Tracheotomy/tracheostomy procedures (insertion/open suctioning/removal)
- Bronchoscopy
- Surgery and post-mortem procedures involving high-speed devices
- Some dental procedures (such as high-speed drilling)
- Non-Invasive Ventilation (NIV) such as Bi-level Positive Airway Pressure (BiPAP) and Continuous Positive Airway Pressure ventilation (CPAP)
- High-Frequency Oscillating Ventilation (HFOV)
- High Flow Nasal Oxygen (HFNO), also called High Flow Nasal Cannula
- Induction of sputum for laboratory test

In addition, the following are also considered AGP

- Collecting nasopharyngeal and oropharyngeal swabs;
- Chest physiotherapy;
- Reprocessing ventilator circuits and respiratory equipment;
- Cardiopulmonary resuscitation, including bag-mask ventilation;

**Nebulization: to mitigate potential risk, a meter dose inhaler with a spacer should be used. The spacer can be washed and wiped with alcohol between each use.**

## 6.4 IPC Signage

Clear signage should be posted at the entrance of all wards to inform all staff of IPC requirements and protocols (Fig 2).

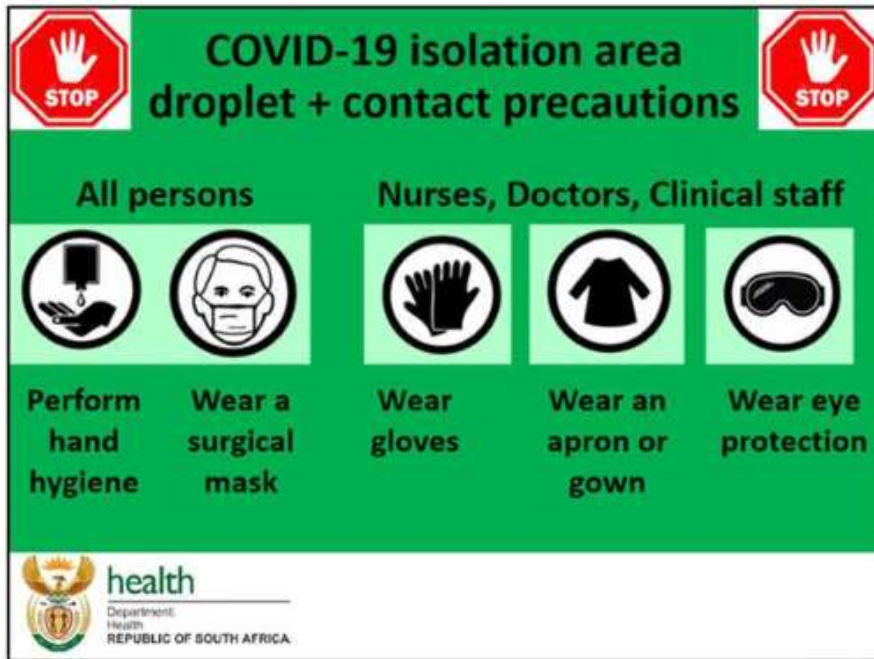


Figure 1: Signage for COVID-19

## 7. Hand hygiene

### 7.1 Why?

Hands are most frequently in touch with patients, surfaces and parts of the healthcare worker’s body, such as the face, nose, and mouth (Fig 3). To remove microbes optimally, hands must be thoroughly and systematically washed paying special attention to the most contaminated areas, such as the fingers and thumbs. Follow the WHO 5 Moments of Hand Hygiene as outlined in the National IPC Manual.



Figure 2: Transmission of pathogens via hands<sup>9</sup> (National IPC Manual 2020)

<sup>9</sup> National Practical Manual for the Implementation of the National Strategic Framework, March 2020. Available from: (<http://www.health.gov.za/index.php/antimicrobial-resistance/category/629-infection-prevention-and-control-documents>)

## 7.2 Types of hand hygiene

- Hand washing with soap and water followed by drying.
- Use of alcohol-based hand rub (ABHR) containing 70% propyl or isopropyl alcohol with emollient. (See WHO guidance regarding local production<sup>10</sup>).

### Remember!!

- When washing hands, friction is necessary to remove transient microbes from the hands. (Fig 4)
- When using ABHR, make sure all surfaces are covered. Dip fingers in the ABHR in your palm and then move to the other surfaces (Fig 5)
- **Gloves do not offer total protection. ALWAYS WASH HANDS AFTER REMOVING GLOVES**
- **Never apply ABHR to gloves. It damages them and increases the risk of contamination**



Figure 3: Washing hands; start with palm to palm



Figure 4: Using (ABHR start with dipping fingers

## 8. Appropriate use of Personal Protective Equipment

Personal protective equipment (PPE) is specifically used to protect clinical and non-clinical health workers (including cleaners, ancillary staff and food service workers) from exposure to body fluids or from droplet or airborne pathogens, chemicals or heat. The use of PPE is based on risk assessment and evidence of the route of transmission for a given microbe.

<sup>10</sup> Guide to local production: WHO recommended hand rub formulations (2009): available from [https://www.who.int/gpsc/5may/Guide\\_to\\_Local\\_Production.pdf](https://www.who.int/gpsc/5may/Guide_to_Local_Production.pdf)

## 8.1 Types of PPE to use

Table 2 sets out the generic PPE principles to decide on the appropriate PPE to use. See poster for appropriate use of PPE (Appendix A). There is no **evidence that foot or head gear is indicated** for protection against droplet and contact precautions and should be avoided.

It is now recommended that all clinical staff should wear surgical masks when consulting or examining patients, irrespective whether the patient is known to have COVID-19 or respiratory symptoms. It is essential that hand hygiene is carried out after each patient contact.

See Appendix B for detailed recommendation for PPE use for:

- Inpatient services (hospital wards, ICU, overnight/holding wards, step-down facilities)
- Services at PHC facilities, outpatients, emergency units and temporary facilities
- COVID-19 patients cared for at home (or in hostels)
- Emergency medical services (EMS)
- Community health worker (CHC) services
- Forensic pathology services (FPS) and mortuary services<sup>11</sup>

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<sup>11</sup> Circular H25/2020: Guidelines for PPE Use during the Coronavirus disease (COVID-19). Western Cape Government: Health. 25 March 2020

TYPE OF PPE	CLINICAL STAFF (nurses, doctors, EMS) Providing direct care to COVID-19 patients or patients with respiratory symptoms	NON-CLINICAL STAFF (admin staff, porters, catering staff) coming into distant contact with COVID-19 patients and contaminated surfaces	NON-CLINICAL STAFF (cleaners) coming into distant contact with COVID-19 patients and contaminated surfaces	PATIENTS with RESPIRATORY symptoms	PATIENTS <u>without</u> RESPIRATORY symptoms
Gloves	A single pair of non-sterile gloves Change between patients Double gloving not recommended	.Change when leaving COVID-19 area	Reusable long rubber utility cleaning gloves (ideally up to elbow) Change after completed cleaning contaminated area	None	None
Face cover	<b>Surgical Mask</b> for general care of all patients <b>N95 respirator</b> for aerosol generating procedures	<b>Surgical mask</b> when within <1m of a patient with respiratory symptoms (one per shift, if integrity maintained) If no patient contact is expected a cloth mask is acceptable	<b>Surgical mask</b>	<b>Surgical mask</b>	All patients should wear a cloth mask as part of the universal masking policy. If no cloth mask is available, then surgical mask may be used
Aprons	Change when visibly contaminated Change between patients. Discard after aerosol-generating procedure	Change when leaving COVID-19 area	After each work session (in absence of clinical contact)	None	None
Face shields, or visors, or goggles, or other eye covers	Wash clean, disinfect and reuse	None	Wash clean, disinfect and reuse	None	None

Table 2: Appropriate PPE use

## 8.2 Type of face covers<sup>12</sup>

Usually in healthcare only two types of face covers offer adequate protection to the healthcare worker, i.e. surgical mask and N95 respirators.

<sup>12</sup> National Department of Health. National Practical Manual for the Implementation of the National IPC Strategic Framework, March 2020. Available from: (<http://www.health.gov.za/index.php/antimicrobial-resistance/category/629-infection-prevention-and-control-documents>)

### 8.2.1 Surgical masks (medical)

Surgical masks (medical) are made of several layers of paper and protect against splashes and droplets. These are widely used in healthcare but should be reserved for HCW working in the clinical areas. Note the following guidelines:

- ✓ At any time if surgical masks are touched by unwashed hands, get wet, are soiled, or are removed from the face, they will become contaminated and will no longer provide effective protection. They should then be discarded.
- ✓ When going on break, the surgical mask must be discarded and a fresh one worn when returning to the clinical area
- ✓ Masks that are not wet, were not touched by unwashed hands and were not removed from the face, can be worn for up to 8 hours.
- ✓ COVID-19 patients when inside a dedicated COVID-19 ward, where staff are wearing PPE, do not need to wear masks.
- ✓ COVID-19 patients when outside a dedicated COVID-19 ward must always wear a surgical mask. The mask can be used for up to 8 hours.

### 8.2.2 N95 Respirators

N95 Respirators (FFP2, FFP3) are specifically designed to filter out smaller particles and are recommended for use in airborne precautions such as when dealing with TB, measles or chickenpox. Non-valve N95 respirators are recommended to prevent droplet transmission from the wearer. The valve is designed to open during exhalation and close during inhalation, to prevent air from entering through the valve. Exhaled air from a pre-symptomatic or asymptomatic person can transmit the virus through the valve and should be avoided.

Note the following guidelines:

- ✓ Seal tests should be performed each time a N95 respirator is used (i.e. when it is first put on)

**- Negative seal check:**

- Coned shape respirator: Cup hands over respirator without excessive pressure. Breathe in sharply. A light collapse of the respirator should be felt with no air leaking in around the face-to-face piece seal.
- Duck-bill and V-flex type respirator: Breathe in sharply. The respirator should collapse inwards.

**+ Positive seal check:**

- Coned shape respirator: Cup hands over respirator. Blow out. A build-up of air should be felt with no air leaking out around the face-to-face piece seal edges of the device.
- Duck-bill and V-flex type respirator: Breathe out forcefully; the respirator should expand on the exhale.

- ✓ N95 respirators should ideally be used once only and should be discarded once safely removed. However, as there is a global shortage of N95 respirators, reuse is strongly encouraged and is preferable to having no respirator.
- ✓ If HCWs are performing aerosol-generating procedures (e.g. sample collection) on several COVID-19 patients sequentially, they may use the same N95 respirator and eye protection for the session; **they must however change apron and gloves between patients.**
- ✓ If there is a shortage of respirators, a face shield over a surgical mask may be used.
- ✓ As the outer surface of the N95 respirator will become heavily contaminated with the virus during aerosol-producing procedures, HCWs should take great care not to touch the outside surface and must perform careful hand hygiene after removing it.
- ✓ For reuse:



- ✓ Do NOT attempt to disinfect the N95 respirator as this destroys its integrity.
- ✓ Note that obviously damaged and visibly contaminated respirators cannot be reused.

### 8.2.3 Non-medial (Cotton) masks for healthcare workers

**Cotton masks are not indicated for clinical healthcare work** because of limited filtration and protection against droplets or splashes. There is also the “wicking effect” which increases the risk of mucous membrane contamination.

However, as part of universal masking, all persons including patients, clinical and non-clinical staff are required to wear a cloth mask when in public and at the workplace travelling on public transport.<sup>13</sup> A cloth mask is recommended when non-clinical staff are interacting with the public within health facilities.

### 8.3 Use of PPE during labour and breastfeeding

The currently available evidence does not include the second stage of labour and delivery as an aerosol-generating event.<sup>14,15</sup> In light of this, the recommended PPE for obstetric staff performing deliveries is as follows:

- Labour and deliveries of all women: PPE as indicated to reduce exposure risk to blood and bodily fluids i.e. surgical mask, gloves, apron/gown and goggles/visor.
- Caesarean section under general anaesthetic or with regional anaesthesia and a high probability of requiring intubation: PPE as indicated for aerosol-generating procedure (AGP), N95 respirator, gloves, apron/gown and goggles/visor. Limit the presence of non-essential staff in the operating theatre. Consider the use of larger screens to separate patient and operating team and the use of a clear box over the patients head to minimise aerosol spread during intubation and suctioning.<sup>16,17,18</sup>

<sup>13</sup> Department of Co-operative Governance and Traditional Affairs. Regulations issued in terms of section 27 (2) of the Disaster Management Act, 2002. 29 April 2020

<sup>14</sup> Health protection Scotland. Aerosol generating procedures. National Services Scotland. Version 1. November 2019

<sup>15</sup> Centre for disease control and prevention. Clinical Questions about COVID-19: Questions and Answers Updated April 16, 2020

<sup>16</sup> Royal College of Obstetricians and Gynaecologist. Coronavirus (COVID-19) Infection in Pregnancy. Information for healthcare professionals. Version 8. 17 April 2020

<sup>17</sup> American College of Obstetricians and Gynaecologists Guidelines on COVID. 23 April 2020. Available from (<https://www.acog.org/clinical/clinical-guidance/practice-advisory/articles/2020/03/novelcoronavirus-2019>)

<sup>18</sup> Weil Cornell Medicine and Columbia. Interim Guidelines for Suspect and Confirmed COVID-19 for Obstetrics (Antepartum, Labor and Delivery, Post-partum, and Ambulatory Care), Neonatal ICUs, and Well-Baby Nurseries March 25, 2020.



Note: In keeping with the universal masking recommendation, all women admitted to obstetric wards should wear a cloth mask or surgical mask, and all women in labour and those undergoing a caesarean section under regional anaesthesia, should wear a surgical mask. All obstetric staff should wear a surgical mask during all clinical care, and a cloth mask (non-medical mask) in non-clinical areas of the healthcare facility e.g. tea rooms, meeting rooms, cafeteria.

For post-natal care of the infant, COVID-19 infected mothers should wear surgical masks when feeding their baby for 14 days after their symptoms have resolved as mother to baby transmission via respiratory droplets can occur. They should perform hand hygiene before handling their baby and before expressing breastmilk. There is no evidence of viral presence in breastmilk and breastfeeding is strongly encouraged.

### 8.4 Extended use of PPE

Usually PPE is discarded after a single patient or procedure, however, because of an acute shortage of PPE during the COVID-19 outbreak, the WHO and CDC are considering extended use and/or reuse of certain PPE. For South Africa, it is recommended that the extended use of PPE is preferable to reprocessing, the latter being expensive, not validated and the integrity of the PPE cannot be guaranteed (Table 3).

Type of PPE	Extended use	Reprocess
Gloves (non-sterile)	No	No
Surgical masks	Yes. Until damp or torn, or to end of shift. Change if contaminated	No
N95 respirators	Yes. Up to 1 week for same HCW (as TB protocol), unless respirator integrity or leak-proof seal is compromised	Pending (WHO)
Aprons	Yes, if not visibly contaminated (maintain 1m distance)	No
Gown Cotton gowns and aprons	Water resistant - yes if not visibly contaminated (1m) Re-used during providing care to the same patient	Yes - launder cotton
Goggles	Yes, but do not contaminate hands	Yes - wash with soap and water. Dry. Wipe over with alcohol
Face shields	Yes, but do not contaminate hands	Yes - wash with soap and water. Dry. Wipe over with alcohol wipes

Table 3: Extended or reprocessing of PPE

### 8.5 Donning and doffing of PPE<sup>19</sup>

A video demonstrating the correct sequence to put on (Don) and remove (Doff) PPE can be downloaded from:

[https://player.vimeo.com/external/400607941.hd.mp4?s=af075e8c9647a23114424834c1e73f866a73e5f7&profile\\_id=174&download=1](https://player.vimeo.com/external/400607941.hd.mp4?s=af075e8c9647a23114424834c1e73f866a73e5f7&profile_id=174&download=1)

**Dispose of all PPE in an infectious waste container.** The poster summarises the correct way to put on and take off PPE. (Fig 6)

<sup>19</sup> Circular H25/20: Guidelines for PPE use during the coronavirus disease 2019 (covid-19) Western Cape Government: Health 25 March 2020

**WASH HANDS OR USE AN ABHR AFTER REMOVING GLOVES AND AFTER REMOVING ALL PPE**








<p><b>SEQUENCE FOR PUTTING ON PERSONAL PROTECTIVE EQUIPMENT (DONNING)</b></p>	<p><b>SEQUENCE FOR TAKING OFF PERSONAL PROTECTIVE EQUIPMENT (DOFFING)</b></p>
<p><b>Wash your hands before putting on the PPE.</b> PPE should be put on in an order that minimises contamination. The apron, mask, goggles and gloves must be put on in that order. See guidance on each below.</p>	<p><b>Wash your hands before taking off the PPE.</b> PPE should be removed in an order that minimises contamination. The gloves, apron, goggles/visor, and mask must be removed in that order.* <b>Wash your hands after taking off the PPE.</b> Discard PPE in infectious waste container. See guidance below.</p>
<p><b>Apron</b></p> <ul style="list-style-type: none"> <li>• <b>Wash hands</b></li> <li>• Slip it over the head and tie the stings behind the back</li> </ul> 	<p><b>Gloves</b></p> <ul style="list-style-type: none"> <li>• Securely grasp the outside of glove with the opposite gloved hand; peel off; discard as infectious waste</li> <li>• Slide the fingers of the un-gloved hand under the remaining glove at the wrist; peel off; discard as infectious waste</li> </ul> 
<p><b>Surgical mask or N95 Respirator</b></p> <ul style="list-style-type: none"> <li>• Secure each tie or elastic at the middle of head and neck</li> <li>• Fit flexible band to nose bridge</li> <li>• Fit snug to face and below chin</li> <li>• Fit-check respirator by blowing into it (air should not leak out)</li> </ul> 	<p><b>Apron or Gown* (See Note)</b></p> <ul style="list-style-type: none"> <li>• <b>Wash hands</b></li> <li>• Unfasten or break apron/gown ties</li> <li>• Pull the apron away from the neck and shoulders, touching the inside of the apron only and bring it forward and over the head</li> <li>• Turn the apron inside out, fold or roll into a bundle and discard as infectious waste</li> </ul> 
<p><b>Goggles or Visor</b></p> <ul style="list-style-type: none"> <li>• Place over face and eyes</li> <li>• Adjust band to fit comfortably</li> </ul> 	<p><b>Goggles or Visor* (See Note)</b></p> <ul style="list-style-type: none"> <li>• Remove goggles/visor from the back by lifting head band or ear pieces</li> <li>• Place in designated receptacle for disinfecting</li> </ul> 
<p><b>Gloves</b></p> <ul style="list-style-type: none"> <li>• Hold the edge of the glove as you pull it over your hand</li> <li>• Extend to cover wrist</li> <li>• Once gloved, do not touch other surfaces</li> </ul>	<p><b>Surgical mask or N95 Respirator</b></p> <ul style="list-style-type: none"> <li>• Untie or break bottom ties, followed by top ties or elastic.</li> <li>• Remove by handling the ties only and discard as infectious waste.</li> <li>• <b>Wash hands</b></li> </ul> 
<p><b>*Note.</b> When it is practically difficult to remove the apron/gown before the visor/goggles, then the visor/goggles may be removed before the apron/gown.</p>	

Figure 5: Poster for donning and doffing of PPE

## 8.6 Norms for PPE requirement

The amount of PPE and hand hygiene products needed per healthcare worker per shift is difficult to assess but should be calculated and adequate stocks must be available to ensure the safety of the staff. Table 4 illustrates a rough example of what might be needed as stock per healthcare worker per day or per 12-hour shift. Example: 10 patients allocated per HCW per 12-hour shift

### Predicted PPE + consumable usage per day for a hypothetical 30-bed COVID-19 ward and a 30-bed COVID-19 ICU

Type of PPE or consumable	Calculation	Predicted usage per day (COVID-19 ward)	Predicted usage per day (COVID-19 ICU)
<b>Hand hygiene</b>			
Alcohol-based handrub* (3ml per time)	4-8 HH opportunities per hour X 24 hrs x 30 pts	3 litres	6 litres
Liquid hand soap (3ml per time)	2-4 HH opportunities per hour X 24 hrs x 30 pts	1.5 litres	3 litres
Paper towels (after soap and water)	2-4 HH opportunities per hour X 24 hrs x 30 pts	1500 paper towels	3000 paper towels
<b>Disinfectants</b>			
70% alcohol (for disinfection of equipment)	30-bed ward vs ICU	2 litres	4 litres
1:1000 ppm sodium hypochlorite (for surface disinfection)	30-bed ward vs ICU	10 litres	15 litres
<b>PPE</b>			
Non-sterile gloves (change between patient contact)	1-2 pairs per hour x 24 hrs for care of 30 patients	720 pairs	1440 pairs
Goggles/visors	Clean + disinfect and share between shifts	20 goggles	40 goggles
Plastic aprons (change if contaminated + after AGP)	2-4 required for care of each patient x 30	60 aprons	120 aprons
Cotton gowns with apron (alternative to apron alone for ICUs)	Allocate 2 per HCW per shift (1 extra for laundry)	60 cotton gowns	120 cotton gowns
Surgical masks (for HCW use)	Allocate 2 per HCW per shift; replace when wet, damaged or contaminated	60	120
N95 respirator (for AGP only)	Allocate 1 per HCW per shift for AGP; N95 can be reused if integrity ok	30	60
Water resistant gowns (for AGP only)	Disposable after AGP	30	60
HH = hand hygiene, HH* use of alcohol-based hand rub is preferred to save time, unless hands are visibly soiled, AGP = aerosol-generating procedures; note: frequency of patient contact is much higher in ICU settings with at least a doubling of usage for ABHR, gloves, aprons to be expected. Note 2: revision of PPE extended use and re-use guidance may reduce the predicted amount of PPE required.			

Table 4: Example of what might be needed as stock per healthcare worker per day or per 12-hour shift

## 9. Environmental cleaning

Human coronaviruses can remain infectious on surfaces for up to 9 days. The SARS-CoV-2 virus has been detected after up to 72 hours in experimental conditions.<sup>20</sup> Therefore, cleaning the environment is paramount and is covered in detail in the National IPC Manual (2020).

To summarise, each area of the healthcare facility must be cleaned at least twice daily, with a proper schedule, checklist and programme. In high risk areas (COVID-19 triage, isolation ward and ICU settings), the environment must be cleaned and disinfected at least 3-4 times per day and checked by the supervisor each time.

The cleaning can be **validated** using visual inspection and fluorescent markers and a record of cleaning must be kept.

Following thorough cleaning, surfaces are wiped (NOT SPRAYED) with disinfectants such as 1:1000 ppm chlorine or 70% alcohol, as recommended.<sup>21</sup> Universal disinfectant wipes which combine cleaning and disinfection are impregnated with peracetic acid and or hydrogen peroxide and may be used but these are expensive. Hypochlorite must be used at the correct dilution of 1:1000ppm to ensure maximum efficacy (Table 5).

Product	Chlorine available	How to dilute to 0.1% (1:1000ppm) (for COVID cleaning)
Sodium hypochlorite – liquid bleach	3.5%	1 part bleach to 32 parts water (e.g. 30ml bleach in 970ml water)
Sodium hypochlorite – liquid bleach	5%	1 part bleach to 47 parts water (e.g. 20ml bleach in 980ml water)
NaDCC (sodium dichloro-isocyanurate) – powder	60%	1.7 grams to 1 litre water
NaDCC (1.5g/tablet) – tablets	60%	1 tablet to 1 litre water
Chloramine – powder	25%	4 grams to 1 litre water

Table 5: Method for diluting hypochlorite required different concentrations

**Environmental spraying of walls, floors, ceilings and passages in health care facilities with chlorine is not recommended. There is no evidence that transmission from these areas occurs**

**Body spraying of humans** with any chemical or product in any situation including entrances to healthcare facilities, is not warranted. The chemicals used may be toxic to the skin, eyes and respiratory tract<sup>22</sup> and may aggravate the acquisition of SARS-CoV 2.

<sup>20</sup> Kampf G, Todt D, Pfaender S, Steinmann E. Persistence of coronaviruses on inanimate surfaces and their inactivation with biocidal agents. *Journal of Hospital Infection*. 2020;104(3):246-51 <https://doi.org/10.1016/j.jhin.2020.01.022> (accessed March 22, 2020).

<sup>21</sup> World Health Organization. Water, sanitation, hygiene, and waste management for the COVID-19 virus. 23 April 2020.

<sup>22</sup> Mehtar et al. Deliberate exposure of humans to chlorine- the aftermath of Ebola in West Africa. *Antimicrobial Resistance and Infection Control* (2016) 5:45 DOI 10.1186/s13756-016-0144-1

## 10. Healthcare waste Management

SARS-CoV-2 is a fragile enveloped virus which is susceptible to heat, chemicals and UV light. There is no evidence of spread or infect humans from healthcare waste generated in the facilities if the existing healthcare waste management policies are followed where all HCRW will be handled as infectious waste.

HCRW includes all PPE used in triage, COVID-19 clinical areas for PUI and confirmed cases, and isolation facilities. It also includes disposable medical devices used for the care of such patients.

A single red bag placed inside a cardboard box marked “Infectious waste” is used to discard all HCRW. When  $\frac{3}{4}$  full, the red bag is tied, HCRW container is labelled and transported to the point of collection for disposal.<sup>23,24</sup>

## 11. Persistence in Sewerage

SARS CoV2 is a fragile virus that does not remain viable in sewerage. HCF without municipal sewerage systems that have chemical toilets or similar are safe to clean provided the usual PPE worn by the municipality workers affords adequate protection.

## 12. Bodies, burial and post mortem

### 12.1 Dead Bodies

The WHO recommendations for a person dying of COVID-19 have been published<sup>25</sup>

- The dignity of the dead, their cultural and religious traditions, and their families should be respected and protected throughout;
- To date there is no evidence of persons having become infected from exposure to the bodies of persons who died from COVID-19
- Before attending to a body, ensure that the necessary hand hygiene and personal protective equipment (PPE) supplies are available for standard precautions including hand hygiene, appropriate use of PPE, and environmental cleaning,
- PPE for routine use will be gloves and apron, however if there is a risk of splashing, face protection, such a face mask, face shield or goggles may be worn
- After removing all medical devices, ensure that any leaking from orifices are contained
- Keep movement and handling of the body to a minimum
- Wrap body in cloth (shroud) or a body bag if leakage is expected and transfer it as soon as possible to the mortuary area;
  - There is no need to disinfect the body before transfer to the mortuary area;
  - Body bags are not necessary, although they may be used for other reasons (e.g. excessive body fluid leakage); and
  - No special transport equipment or vehicle is required.

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<sup>23</sup> South African National Standard (SANS) 10248-1- Management of Health Care Waste, Part 1: Management of healthcare risk waste from a healthcare facility

<sup>24</sup> World Health Organization. Water, sanitation, hygiene, and waste management for the COVID-19 virus. 23 April 2020.

<sup>25</sup> World Health Organization Infection Prevention and Control for the safe management of a dead body in the context of COVID-19. WHO interim guidance, 24<sup>th</sup> March 2020

Health care workers or mortuary staff preparing the body (e.g. washing the body, tidying hair) should wear appropriate PPE (gloves, water resistant disposable gown, face mask, eye protection);

If the family wishes to view the body, they may do so, using standard precautions. They are not allowed to touch or kiss the body. Embalming is not recommended to avoid excessive manipulation. Adults >60 years and immunosuppressed persons should not directly interact with the body.

Where a body has to be moved to private mortuaries/funeral undertakers or government/state mortuaries the process should be aligned with the existing guidelines issued by the National Department of Health.<sup>26</sup>

## 12.2 Post mortem (autopsy)

If a person died during the infectious period of COVID-19, the lungs and other organs may still contain live virus, and additional respiratory protection is needed during aerosol-generating procedures (e.g. procedures that generate small-particle aerosols, such as the use of power saws or washing of intestines);

- Perform autopsies in an adequately ventilated room, i.e. at least natural ventilation with at least 160 L/s/patient air flow or negative pressure rooms with at least 12 air changes per hour (ACH)
- Controlled direction of air flow when using mechanical ventilation
- Only a minimum number of staff should be involved in the autopsy;
- Appropriate PPE must be available as per departmental protocol, including a scrub suit, long sleeved fluid-resistant gown, gloves (either two pairs or one pair autopsy gloves), and face shield (preferably) or goggles, and boots. An N95 respirator should be used in the case of aerosol-generating procedures.
- The mortuary must be kept clean and properly ventilated at all times;
- Lighting must be adequate. Surfaces and instruments should be made of materials that can be easily disinfected and maintained between autopsies;
- Instruments used during the autopsy should be cleaned and disinfected immediately after the autopsy, as part of the routine procedure;
- Environmental surfaces, where the body was prepared, should first be cleaned with soap and water, or a commercially prepared detergent solution; After cleaning, a disinfectant with a minimum concentration of 0.1% (1000 ppm) sodium hypochlorite (bleach), or 70% ethanol should be used.

## 12.3 Family member

- Any person (e.g. family member, religious leader) preparing the deceased in a community setting should wear gloves for any contact with the body. For any activity that may involve splashing of bodily fluids, eye and mouth protection (face shield or goggles and surgical mask) should be worn.
- Clothing worn to prepare the body should be immediately removed and washed after the procedure, or an apron or gown should be worn;
- The person preparing the body should not kiss the deceased.
- Family and friends may view the body after it has been prepared for burial, in accordance with customs.

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<sup>26</sup> National Department of Health. Environmental Health Guidelines for management of human remains in the context of COVID-19, 27 March 2020.

- The belongings of the deceased person do not need to be burned or otherwise disposed of.
- Clothes can be laundered and reused.

### 13. Repatriation and subsequent quarantine

A guideline on repatriation, quarantine of returning South African Citizens and others has already been developed and circulated.<sup>27</sup>

### 14. Summary

These guidelines are subject to change as the situation with COVID-19 develops in South Africa. The guidelines will be updated regularly based on the most recent evidence and updated WHO recommendations.

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<sup>27</sup> National Department of Health. South African Guidelines for quarantine facilities and isolation in relation to COVID-19. March 2020


## Appendix A: Appropriate use of PPE

NDoH PPE GUIDE: Final Approval 20 May 2020

# COVID-19 PROTECTION For Healthcare Workers


Minimise risk of self-contamination and transmission to others:

- Practise good hand hygiene
- Use correct principles of cleaning
- Efficient use of PPE including safe putting on and removal



**PPE**  
for COVID-19  
low-risk areas

- Clinical area: Wear a surgical mask
- Non-clinical area: Wear a cloth mask
- **NO OTHER PPE IS NEEDED if you are not in direct contact with patients with confirmed/suspected COVID-19**
- **Do NOT use PPE if not indicated - we have a global shortage**



**PPE**  
for high-risk  
areas (confirmed/  
suspected COVID-19  
cases)

- Non-sterile gloves
- Visor or goggles
- Plastic apron
- Surgical mask



**PPE**  
for aerosol-generating  
procedures in  
COVID-19 high risk  
areas

- Non-sterile gloves
- Visor or goggles
- Fluid-resistant apron or gown
- Well-fitted **N95 respirator** for aerosol-generating procedures only

e.g. Tracheal intubation, non-invasive ventilation and COVID-19 specimen collection, among others.



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Source: NDoH, COVID-19 Disease: Infection Prevention and Control Guidelines, 2020  
Adapted from: NHS - University Hospitals Birmingham, NHS Foundation Trust, Covid-19 A visual guide to safe PPE, Version 1, 1 May 2020



Website: [www.sacoronavirus.co.za](http://www.sacoronavirus.co.za)  
Emergency Hotline: 0800 029 999  
WhatsApp Support Line: 0600-123456



## Appendix B: Detailed recommendations for use of PPE<sup>28</sup>

Inpatient Services (hospital wards, ICU, overnight/holding wards, step-down facilities)			
Setting	Target Personnel or Patients	Activity	Type of PPE or Procedure
Isolation cubicles, rooms, or wards where COVID-19 patients are being cared for.	Patients with COVID-19	Any	<b>Surgical Mask</b>
	Clinical staff	Providing direct care to COVID-19 patients	<b>Surgical Mask</b> Apron Non-sterile Gloves Eye protection (goggles or visor)
	Clinical staff	<b>Aerosol-generating procedures*</b> performed on COVID-19 patients (such as <b>nasopharyngeal and oropharyngeal swabbing</b> for testing for coronavirus infections) <b>N95 respirators**</b> are only worn when performing aerosol producing procedures	<b>N95 Respirator</b> Apron or gown Non-sterile Gloves Eye protection (goggles or visor)
	Body of deceased	Death of COVID-19 patient	Wrap body with sheets as per usual or place in a body bag
	Cleaners	Entering the cubicle or room or ward of COVID-19 patients	<b>Surgical mask</b> Apron Long rubber utility cleaning gloves (ideally up to elbow) that can be washed Eye protection (goggles or visor) Closed work shoes
	Porters and nurses	Transport of COVID-19 patients	<b>Surgical Mask</b> Non-sterile gloves
	Catering staff	Providing meals inside COVID-19 ward	<b>Surgical Mask</b> Non-sterile gloves
	Administrative personnel	Administrative staff supporting COVID-19 ward services, who are not usually in direct contact with patients, but would enter the isolation ward.	<b>Surgical mask</b> Non-sterile gloves Maintain spatial distance of at least 1 metre, where possible
	Security personnel	Any	<b>Surgical mask</b>
	Laundry workers	Laundering of COVID-19 patient linen	<b>Linen to be bagged separate from other linen</b> <b>Surgical mask</b> Apron Long rubber utility cleaning gloves (ideally up to elbow) that can be washed

<sup>28</sup> Circular H25/20: Guidelines for PPE use during the coronavirus disease 2019 (COVID-19) Western Cape Government: Health 25 March 2020

			Eye protection (goggles or visor) Closed work shoes
All types of wards where Non-COVID-19 Patients (i.e. patients who do NOT have COVID-19) are being cared for	<b>Patients without COVID-19</b>	Any	<b>Cloth mask</b>
	<b>Clinical staff</b>	<b>Aerosol-generating procedures*</b> performed on <b>Non-COVID-19 patients*</b>	<b>Surgical mask</b> Apron Non-sterile gloves Eye protection (goggles or visor)
	<b>All staff</b>	<b>Any other activity</b> besides Aerosol-generating procedures performed for <b>Non-COVID-19 patients</b>	<b>Cloth mask</b>
	<b>Visitors</b>	Visiting <b>patients without COVID-19</b>	<b>Cloth mask</b>
Other areas of the hospital where COVID-19 patients transit (e.g. corridors) but are <b>not</b> directly attended to.	<b>All staff</b>	Any activity that does <b>not involve contact with COVID-19 patients</b>	<b>Cloth mask</b>

\* Aerosol-generating procedures (see above)

\*\*N95 respirator must still be used for all other Non-COVID-19 indications (e.g. when attend to a patient with confirmed or suspected TB)

PHC Facilities, Outpatients, Emergency Units and Temporary facilities			
Setting	Target Personnel or Patients	Activity	Type of PPE or Procedure
Triage at Clinics, CHC, OPD. Emergency Units and temporary facilities entrances	Clinical staff	Triage: Preliminary screening of patients (via questions on symptoms and contact with COVID-19 cases) as they enter unit.	Maintain spatial distance of at least 1 metre <b>Surgical mask</b>
	Patients and escorts who screen positive	While waiting for testing	Move patient to isolation room Provide <b>Surgical mask</b>
	Patients and escorts who screen negative but have respiratory symptoms	While waiting for consultation	Maintain spatial distance of at least 1 metre. Provide <b>Surgical mask</b>
	Patients and escorts who screen negative but without respiratory symptoms	While waiting for consultation	<b>Cloth mask</b>
Administrative areas	All staff including reception, clerical and clinical staff	Administrative tasks that do not involve contact with COVID-19 patients	<b>Cloth mask</b>
Clinic, CHC, OPD, Emergency Unit and Temporary facility Consultation rooms	Clinical staff	Physical examination of suspected COVID-19 patients	<b>Surgical Mask</b> Eye protection (goggles or visor) Apron Non-sterile gloves
	Clinical staff	Aerosol-generating procedures performed on suspected COVID-19 patients (such as nasopharyngeal and oropharyngeal swabbing for testing for coronavirus infections) Note that N95 respirators are only worn when performing aerosol-generating procedures	<b>N95 Respirator</b> Apron or gown Non-sterile gloves Eye protection (goggles or visor)
	Clinical staff	Physical examination of patients without respiratory symptoms.	<b>Surgical mask</b> Non-sterile gloves
	Cleaners	Cleaning the vacated room and areas used by a COVID-19 patient	<b>Surgical mask</b> Apron Eye protection (goggles or visor) Long rubber utility cleaning gloves (ideally up to elbow) that can be washed Closed work shoes
	Body of deceased	Death of COVID-19 patient	Wrap body with sheets or body bag as per protocol
Entrance to COVID-19 Area	Security personnel.	Any	<b>Surgical mask</b>

## COVID-19 patients cared for at home (or in hostels)

Setting	Target Personnel or Patients	Activity	Type of PPE or Procedure
Private home or hostel	<b>Patient with COVID-19</b>	<b>When in contact with others</b>	<b>Surgical mask.</b>
	<b>Caregiver</b> (family members and other caregivers)	<b>Direct contact with COVID-19 patients.</b>	<b>Surgical mask</b> Apron. Non-sterile gloves. Eye protection (goggles or visor)
	<b>Contact tracers and Medical response teams</b>	<b>Direct contact with COVID-19 and suspected COVID-19 patients</b>	<b>Surgical mask</b> (ideally with visor) Apron. Non-sterile gloves.
	<b>Body of deceased</b>	<b>Death of COVID-19 patient</b>	Wrap body with sheets

## Emergency Medical Services (EMS)

Setting	Target Personnel or Patients	Activity	Type of PPE or Procedure
Ambulance/transfer vehicle/medical evacuation by air	<b>Clinical staff</b>	Care for and transport of <b>suspected/confirmed COVID-19 patients</b> to a referral health care facility	<b>Surgical mask</b> Clean gowns are recommended. Where possible cloth gowns should be used and exchanged at the hospital where the patient is being transferred. If the hospital does not have a cloth gown to exchange, a plastic apron must be used. Non-sterile gloves Eye protection (goggles or visor)
	<b>Clinical staff</b>	<b>Intubation and suctioning</b> of suspected/confirmed COVID-19 patients	<b>N95 Respirator</b> Clean gowns and plastic apron are recommended. Where PPE is limited, cloth gowns should be used and exchanged at the hospital where the patient is taken to. If the hospital does not have a cloth gown to exchange, a plastic apron must be used. Non-sterile gloves Eye protection (goggles or visor)
	<b>Clinical staff</b>	<b>Patients without respiratory symptoms</b>	<b>Surgical mask</b> Goggles Apron (if required following IPC risk assessment) Gloves if dealing with body fluids

	<b>Ambulance driver/pilot</b>	Transporting <b>suspected/confirmed COVID-19 patients</b> to a referral health care facility	<b>Cloth mask</b> if there is no patient contact and driver's compartment is sealed. If driver's compartment not sealed, then wear a surgical mask. If assisting with loading or patient care, then surgical mask Gowns are recommended. Where PPE is limited, cloth gowns should be used and exchanged at the hospital where the patient is taken to. If the hospital does not have a cloth gown to exchange, a plastic apron must be used. Non-sterile gloves
	<b>Clinical staff</b>	Preparing equipment for transportation	Remove all non-essential equipment. Place essential equipment in impervious bag, take out only if necessary.
	<b>Clinical staff</b>	Interaction with health care facility- transporting a patient	Keep in contact with receiving facility regarding patient's clinical condition and expected time of arrival. Upon arrival at facility, keep patient in ambulance until facility staff give go ahead for patient to enter. Driver to liaise with facility staff. The path and route for transporting the patient must be clear. Wear surgical masks, gowns and non-sterile gloves If the hospital does not have a cloth gown to exchange, a plastic apron must be used
	<b>Clinical staff</b>	Interaction with Port Health at ports of entry	Port Health will arrange access to EMS team, notify EMS of which gate to use to access patient from aircraft or holding area or isolation area.
	<b>Planned Patient Transport</b>	Transporting non-emergency patients between health care facilities	<b>Surgical mask</b>
	<b>Suspected COVID-19 patient</b>	While being <b>transported</b>	<b>Surgical mask</b>
	<b>Cleaners</b>	<b>Cleaning the vehicle</b> after transport of suspected COVID-19 patients to the referral facility	<b>Surgical mask</b> Apron Eye protection (goggles or visor) Long rubber utility cleaning gloves (ideally up to elbow) Closed work shoes

## Community Health Worker (CHW) Services

Setting	Activity	CHW PPE	People/Patient PPE
Field: Outdoor points <b>(bus or taxi rank)</b> and Indoor points <b>(mall)</b>	<b>Distributing</b> educational materials	Maintain at least 1m distance from people. <b>Cloth mask</b> <b>Frequent hand hygiene</b>	Maintain at least 1m distance from people. <b>Cloth mask</b> <b>Frequent hand hygiene</b>
Field: <b>In communities but</b> outside homes	<b>Distributing</b> educational materials	Maintain at least 1m distance from people. <b>Cloth mask</b>	Maintain at least 1m distance from people. <b>Cloth mask</b> <b>Frequent hand hygiene</b>
	<b>Distributing</b> chronic medication and general supplies	Maintain at least 1m distance from people <b>Cloth mask</b>	Maintain at least 1m distance from people. <b>Cloth mask</b> <b>Frequent hand hygiene</b>
Inside homes	<b>Assisting</b> patient who <b>has COVID-19</b> with or without any other diseases (CVA, chronic ulcer, septic wound, etc.) except for TB	<b>Surgical mask (single use;</b> ideally with visor) Gloves (single use) Apron (single use) Alcohol-based hand rub (use before and after remove and discard gloves, apron and mask) Infectious waste disposal plastic bag	<b>Surgical mask</b>
	Assisting <b>TB patient</b> who <b>does NOT have COVID-19</b>	<b>N95 Respirator (single use)</b> Alcohol-based hand rub Infectious waste plastic bag	<b>Surgical mask</b>
	Assisting <b>TB patient</b> who <b>DOES have COVID-19</b>	<b>N95 Respirator (single use)</b> Gloves (single use) Apron (single use) Alcohol-based hand rub Infectious waste plastic bag	<b>Surgical mask</b>
	Assisting patient <i>with</i> <b>respiratory symptoms</b>	<b>Surgical mask (single use)</b> Gloves (single use) Alcohol-based hand rub Infectious waste plastic bag	Provide <b>surgical mask</b> to patient
	Assisting patient <i>without</i> <b>respiratory symptoms</b>	Maintain 1m distance from patient.	<b>Cloth mask</b> <b>Frequent hand hygiene</b>

## Forensic Pathology Services (FPS) and Mortuary Services

Setting	Target Personnel or Patients	Activity	Type of PPE or Procedure
Private home, hostel or hospital	Caregivers, hospital staff, mortuary staff transporting and preparing the body and Forensic Pathology staff transporting the body	Direct contact with deceased COVID-19 and suspected COVID-19 patients	<b>Surgical Mask</b> Apron or gown Non-sterile gloves Eye protection (goggles or visor)
	Body of Deceased COVID-19 patients	Deceased body being removed	<b>Usual procedures for removing body</b>
FPS vehicle used to transport deceased	Cleaner	Cleaning of vehicle	<b>Surgical mask</b> Apron Eye protection (goggles or visor) Long rubber utility cleaning gloves (ideally up to elbow) that can be washed Closed work shoes
Mortuary	Forensic pathology staff	Conducting autopsy (if required)	<b>N95 Respirator</b> Gown Apron Eye protection (goggles or visor) Cut-proof synthetic mesh gloves Closed work shoes