



# COVID-19 Recovery

Publish Date: 17.12.2020

Confirmed COVID-19 cases must go into isolation. Confirmed cases must complete the full isolation duration until they are considered recovered. Different groups have different considerations for recovery.

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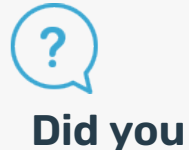


## Certificate of recovery for confirmed cases

[Confirmed cases](#) (people who are positive for coronavirus in a swab test) are required to go into [isolation](#). You can complete isolation only when a doctor or the HMO issues a certificate of recovery.

[More information and how to apply for a certificate of recovery](#)

## How confirmed cases are considered recovered



### Did you know?

A recovered patient is someone who contracted the SARS-CoV-2 virus but is no longer contagious. For now, the validity of the certificate of recovery is not limited, since there is no information to support or rule out the possibility of reinfection or a weaker immunity. The definition will be updated we learn more about reinfection.

[Confirmed cases](#) are considered recovered without recovery testing, if the following two criteria are met:

- It has been at least 10 days since the positive (or borderline-positive) test was performed, and within 7 consecutive days, the patient has been considered a confirmed case.
- In the last 3 days, there are no symptoms that might prevent recovery: body temperature of 38C or higher, shortness of breath or trouble breathing, cough or any other respiratory symptom that does not subside, vomiting or diarrhea. Runny nose as a single symptom, loss of smell or taste and persistent cough do not prevent issuing a certificate of recovery.

### The following are considered recovered:

- COVID-19 patients who were not hospitalized during the course of their illness
- COVID-19 patients who were hospitalized during the course of their illness for a cause unrelated to COVID-19
- COVID-19 patients who were hospitalized because of COVID-19 infection but had a mild or moderate illness

The above-said also applies to recovered patients who healthcare workers or employees in institutions with a population at risk of severe COVID-19 illness.

## Certificate of recovery for specific populations

COVID-19 confirmed patients would be considered "recovered" without a recovery test, if the following conditions are met:

- It has been at least 20 days since the positive (or borderline-positive) test was performed, and within 7 consecutive days, the patient has been considered a confirmed case.
- In the last 3 days, there are no symptoms that might prevent recovery: body temperature of 38C or higher, shortness of breath or trouble breathing, cough or any other respiratory symptom that does not subside, vomiting or diarrhea. Runny nose as a single symptom, loss of smell or taste and persistent cough do not prevent issuing a certificate of recovery.

### The following are considered recovered:

- COVID-19 patients who were hospitalized because of a COVID-19 infection and had a severe or critical illness, at any stage of their illness.
- Patients who are still hospitalized after 20 days will receive this document certified by an infectious disease specialist.
- COVID-19 patients who are residents of facilities with a high risk for severe COVID-19 illness (such as long-term care facilities, nursing homes and sheltered housing). However, residents who have been hospitalized for a mild illness or illness other than COVID-19, and with the endorsement of an infectious disease specialist, can be considered recovered, may be moved from the COVID-19 wards to an internal ward, or go back to their facility.
- Dialysis patients with a confirmed COVID-19 infection

If necessary, it is possible to shorten the duration of isolation if 2 consecutive tests, performed at least 24 hours in between, are negative and under the following conditions:

1. The first test is performed at least 10 days after the date on which the first positive (or borderline-positive) test has been performed on a person who, following that test and within no later than 7 days, has been considered a confirmed case.
2. The last 3 days were without symptoms, so that a certificate of recovery can be issued: body temperature of 38C or higher, shortness of breath or trouble breathing, cough or any other respiratory symptom that does not subside, vomiting or diarrhea. Runny nose as a single symptom, loss of smell or taste and persistent cough do not prevent issuing a certificate of recovery.

## Certificate of recovery for people with a weakened immune system

COVID-19 patients with a significantly weakened immune system will be considered "recovered" after 2 negative tests, performed at least 24 hours apart, and under the following conditions:

1. It has been at least 20 days since the positive (or borderline-positive) test was performed, and following which, within 7 days, the patient has been considered a confirmed case.
2. The last 3 days were without symptoms, so that a certificate of recovery can be issued: body temperature of 38C or higher, shortness of breath or trouble breathing, cough or any other respiratory symptom that does not subside, vomiting or diarrhea. Runny nose as a single symptom, loss of smell or taste and persistent cough do not prevent issuing a certificate of recovery.

In certain, cases, it will be possible to consider patients with a weak immune system as recovered even without testing, if an infectious disease specialist endorses this.

## Certificate of recovery based on serology testing

A positive serology test, conducted in accordance with a Ministry of Health testing protocol, is valid for considering a patient recovered.

That said, the Ministry of Health currently recommends prioritizing serology testing of the following populations (provided they are asymptomatic at the time of the test and are not known to be recovered):

- Household members of confirmed patients, who have completed isolation and had a negative test result, or if no test has been performed – will have a serology test after at least 21 days from the diagnosis date of the last household member who was confirmed for COVID-19
- Critical populations prioritized for [COVID-19 vaccines](#): healthcare workers, residents and caregivers of long term care facilities, adults who are 60 years of age or older, adults who certain medical conditions such as severe obesity, diabetes, COPD (chronic obstructive pulmonary disease), chronic kidney disease
- To confirm a diagnosis from abroad

## Certificate of recovery based on testing performed abroad

[Further information for international passengers](#)

### Guidance for recovered patients

- Recovered patients are not required to go into isolation in case of a close contact with a confirmed patient or upon arrival in Israel abroad
- Recovered patients can go back to work
- Recovered patient must wear a mask in public settings and practice social distancing in public settings
- Certified recovered patients will not be retested for COVID-19, unless there is a medical reason to suspect reinfection with the sole discretion of doctors.
- Recovered patients cannot receive a vaccine administration record. The Certificate of Recovery serves as proof instead. [To apply for a vaccine record](#)

\* The term "test" refers to a PCR testing of swab samples, unless explicitly referring to serology testing.

### Useful Links

- [שאלות ותשובות בנושא גיף קורונה](#)
- [\\* מוקד קול הבריאות 5400](#)

This page was last updated on 10.02.2021

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