



Coronavirus measures per risk level

The chart below shows the minimum measures that apply at each risk level. Check the local risk level to see what measures apply in your region. Whatever the risk level, always follow the basic rules. Local and national authorities can decide to impose extra, stricter measures if the situation calls for it.

More information on these measures is available at www.government.nl/coronavirus.

	risk level: caution	risk level: concern	risk level: serious	risk level: severe	lockdown
Going out	✓ No restrictions	✓ No restrictions	Maximum of 4, including yourself	Maximum of 4, including yourself	Maximum of 2, including yourself
At home with family and friends	✓ No restrictions	Maximum of 6 visitors	Maximum of 3 visitors	Maximum of 3 visitors Maximum of 1 visit per day	No visitors
Gatherings and events	Reservations are mandatory for events	With reservations and assigned seating: Maximum of 60 indoors Maximum of 80 outdoors	With reservations and assigned seating: Maximum of 30 indoors Maximum of 40 outdoors	Certain gatherings allowed, with reservations and assigned seating: Maximum of 30 indoors No events	No gatherings No events
Weddings	✓ No restrictions	Maximum of 60 indoors Maximum of 80 outdoors	Maximum of 30	Maximum of 30	Maximum of 30
Nursing homes	Depending on the nursing home's situation, different measures may apply. E.g. visits by reservation only, health check, face masks, or limits on visits				
Restaurants, cafés and bars	Mandatory reservations, assigned seating and health check	Closing time 01.00 No new guests after 00.00	Closing time 22.00 No new guests after 21.00	Restaurants, cafés and bars closed Cannabis cafés: pick-up only, closing time 20.00	Restaurants, cafés and bars closed Cannabis cafés: pick-up only, closing time 20.00
Sports and exercise	✓ No restrictions	✓ No restrictions	No spectators at matches or competitions	No matches or competitions Maximum of 4 people can train together, 1.5 metres apart (restrictions do not apply to children under 18) Changing rooms, sports canteens and clubhouses closed	Indoor sports activities prohibited Maximum of 2 people can train together outdoors, 1.5 metres apart Changing rooms, sports canteens and clubhouses closed
Domestic travel	✓ No restrictions	Limit travel movements	Limit travel movements	Limit travel movements	Avoid non-essential travel
International travel	Follow the Ministry of Foreign Affairs' travel advice	Follow the Ministry of Foreign Affairs' travel advice	Follow the Ministry of Foreign Affairs' travel advice	Follow the Ministry of Foreign Affairs' travel advice	Avoid non-essential travel, even to 'yellow' areas
Public transport	Face masks are mandatory	Face masks are mandatory	Face masks are mandatory	Face masks are mandatory	Face masks are mandatory Avoid non-essential travel
Funerals	Mandatory registration, assigned seating and health check: no maximum	Mandatory registration, assigned seating and health check: no maximum	Mandatory registration, assigned seating and health check: no maximum	Mandatory registration, assigned seating and health check: no maximum	Mandatory registration, assigned seating and health check: no maximum
Education	Primary and secondary schools are open. Higher education and secondary vocational education (MBO): on-site learning allowed only if the basic rules can be fully complied with.				Higher education and secondary vocational education (MBO): remote learning
Work	Work from home, unless that is not possible	Work from home, unless that is not possible	Work from home, unless that is not possible	Work from home, unless that is not possible	Work from home, unless that is not possible
Shops	Wear a face mask	Follow the instructions in shops Special hours for older shoppers	No late-night shopping except for shops selling groceries Special hours for older shoppers	No late-night shopping except for shops selling groceries Special hours for older shoppers	No late-night shopping except for shops selling groceries Special hours for older shoppers
Alcohol	✓ No restrictions	✓ No restrictions	✓ No restrictions	Sale of alcohol prohibited after 20.00 Consumption/possession of alcohol in public spaces prohibited after 20.00	No sale of alcohol after 20.00 Consumption/possession of alcohol in public spaces prohibited after 20.00

Other measures than those presented here can be taken if the situation calls for it.

Always follow the basic rules:

If you have COVID-19 symptoms, stay at home and get tested

If you have a fever and/or shortness of breath, anyone you live with must stay at home too.

Work from home, unless that is not possible.

Stay 1.5 metres from others.

Avoid busy places.

Wash your hands often.

Cough and sneeze into your elbow.

Wear a face mask in indoor public spaces.